

RENTAL GUIDE

# The Orchards' Club House Bike Share Program



THE ORCHARDS

SPONSORED BY

**Brookfield**  
Residential

*Renters are responsible for knowing how to and ensuring the equipment fits them properly.*



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# FAQs

## How long can I rent a bicycle?

All rentals are for a maximum of 1 day.

## How do I rent a bike?

### 1. Complete the Online Booking

You must complete the online booking before renting a bike. Utilize our toolshed "MyTurn" account.

[ORCHARDSRA.MYTURN.COM](https://orchardsra.myturn.com)

### 2. Check Out a Bike

Once your booking is submitted and you reserved your bike(s), visit the ORA office or designated bike rental station during operating hours of 9am to 9pm to check out a bike.

## Who can participate?

- All ORA members are eligible.
- Participants under 18 must have a parent or guardian sign the waiver and be present with them.

## Do I need to wear a helmet?

Yes:

- **Under 18:** Helmets are required by Alberta law.
- **18 and over:** Helmets are strongly recommended.
- Helmets are available upon request at no additional cost.

## What safety checks should I perform before riding?

Please inspect the bicycle before each ride. Make sure the following are working:

- Front and rear brakes
- Front white light and rear red light (for low light use)
- Rear reflector
- Bell or horn
- Reflective tape on the frame

## What are the cycling rules I need to follow?

- Ride on the right side of the road, with traffic.
- Obey all traffic signs and signals.
- Use hand signals when turning or stopping.
- Yield to pedestrians and give a bell or voice alert when passing.
- Walk your bike through crosswalks.
- Do not ride on sidewalks, unless signs say it's allowed.
- No biking under the influence of alcohol or drugs.

## What if something is wrong with the bike?

Report any issues or damage immediately to ORA staff at the Club House or call 587-525-9640.

Do not ride a bicycle if it has any safety concerns.

## How do I return the bike?

Return your bike to the designated location at the Club House by end of day.

Make sure it is in the same condition as when you received it.

## What about liability?

By signing the waiver, you:

- Acknowledge the risks of cycling.
- Agree not to hold ORA responsible for injuries or damages.
- Release ORA from all liability related to your use of the bike.
- Renters are responsible for knowing how to and ensuring equipment fits them properly.

## Can children participate?

Yes, with conditions:

- A parent or legal guardian must complete and sign the waiver.
- Children must wear helmets at all times while riding.

## Questions? We're here to help!

Reach out to the ORA office for more info or assistance.

**Ride smart. Ride safe. Have fun!**

Orchards Residents Association

# Helmet Safety

At ORA, safety is our top priority. All riders using our Free Bike Rental Program must wear a properly fitted, certified bike helmet at all times while riding. This policy ensures the safety and well-being of our community members and aligns with industry best practices.

## 1. Helmet Requirements

- **Certification:** Helmets must be certified by safety organizations such as CPSC (USA), ASTM, Snell, or CSA.
- **Condition:** Helmets must be in good condition:
  - No cracks, dents, or significant scratches
  - No broken or missing parts (buckles, straps, padding)
  - No signs of mold or significant wear
  - Never been involved in a crash

*Note: Helmets involved in any impact or crash must be replaced, even if no visible damage is present.*

## 2. Proper Fit Check

A well-fitted helmet dramatically increases safety. ORA volunteers or staff will assist in checking fit before use.

### The “2V1 Rule”

- 2 Fingers above the eyebrows: The front of the helmet should sit level and low on the forehead — about 2 finger-widths above the eyebrows.
- V Shape under the ears: Straps should form a snug “V” shape just under each ear.
- 1 Finger under the chin strap: The strap should be snug but comfortable, allowing no more than one finger between the strap and chin.

### Fit Test Checklist

- Helmet sits level and does not rock side to side
- Buckled chin strap is snug but comfortable
- Straps lie flat against the face without twisting
- Helmet moves only slightly when the rider shakes their head

## 3. Helmet Use Policy

- Helmets must be worn by all participants at all times when riding ORA-provided bicycles.
- ORA staff will perform a helmet fit and safety check prior to every rental.
- ORA reserves the right to deny equipment use if a rider does not have a helmet that meets safety standards or refuses to wear one.
- A limited number of sanitized loaner helmets are available for use during rentals.

## 4. Rider/Parent Acknowledgment

By participating in the Free Bike Rental Program, riders (or their parents/guardians for minors) agree to:

- Wear a helmet at all times while riding
- Use only helmets that meet ORA's safety and fit requirements
- Report any damaged helmets or crashes to ORA staff

## 5. Education & Awareness

ORA will provide:

- Helmet fitting guidance to all riders
- Posters or signage with the 2V1 Rule
- Informational handouts for parents and guardians (where applicable)

### Let's Ride Safe!

ORA is committed to promoting active, safe lifestyles. We appreciate your cooperation in helping keep our community safe.

# Bicycle Rental Waiver and Safety Agreement

## Participant Information

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FULL NAME

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PHONE NUMBER

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EMAIL ADDRESS

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DATE OF BIRTH

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EMERGENCY CONTACT NAME

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EMERGENCY CONTACT PHONE NUMBER

## Acknowledgment and Assumption of Risks

I, the undersigned, have elected to participate in the bicycle rental and share program offered by the ORA (the "Program"), a purely voluntary activity. By participating in the Program I acknowledge that the ORA does not require that I participate and that I am free not to participate, but have voluntarily chosen to participate without compulsion or coercion of any kind and that in participating I am potentially exposing myself and others to risk, including but not limited to, property damage, personal injury, permanent disability, paralysis, illness and death, and that I am prepared and agree to accept these risks and participate in the Program.

I understand and acknowledge that riding a bicycle involves inherent risks. These risks may result from my own actions or inactions, the actions or inactions of others, the condition of the bicycles or equipment, weather conditions, road or traffic conditions, and the inherent nature of cycling activities. I further acknowledge that there may be other risks and losses not known to me or not readily foreseeable at this time.

I knowingly and voluntarily assume all such risks, both known and unknown, including those that may arise from the negligence of the ORA, its directors, officers, employees, volunteers and agents, and take full responsibility for my participation in the Program.

## Helmet Use

- I understand and acknowledge that Alberta law requires all cyclists under the age of 18 to wear a properly fitted and securely fastened helmet. I agree to comply with this law and ensure that any minor under my care and supervision also wears a helmet at all times while riding.
- I understand and acknowledge that helmets are available upon request, and I agree to wear one during the entire duration of the rental period.

## Safety Equipment

I agree to conduct a pre-ride safety inspection and to ensure that the bicycle I am renting is equipped with the following safety features and to confirm that such safety features are functioning properly:

- **Brakes:** Fully operational front and rear brakes.
- **Lighting:** A white front light and a red rear light when riding at night or in low visibility conditions.
- **Reflectors:** A red reflector mounted on the rear of the bicycle.
- **Bell or Horn:** A functioning bell or horn to signal my presence to others.
- **Reflective Tape:** Placement of reflective tape on the bicycle to enhance visibility.

## Cycling Rules and Regulations

I agree to adhere to all applicable laws, including but not limited to the following cycling laws and safety guidelines:

- **Obey Traffic Signals and Signs:** I will stop at stop signs, yield at yield signs, and follow all traffic signals and signs.
- **Ride on the Right Side:** I will ride on the right side of the road, in the same direction as traffic.
- **Use Hand Signals:** I will use appropriate hand signals when turning or stopping.

- **Yield to Pedestrians:** I will yield the right-of-way to pedestrians and give an audible signal before passing.
- **Speed Limits:** I will adhere to posted speed limits and adjust my speed to road and weather conditions.
- **Sidewalk Riding:** I will not ride on sidewalks unless permitted by signage, and I will yield to pedestrians when on shared-use sidewalks.
- **Crosswalks:** I will dismount and walk my bicycle through crosswalks.
- **Alcohol and Drugs:** I will not operate the bicycle under the influence of alcohol or drugs.

### Equipment Maintenance and Return

- I will return the bicycle in the same condition as received, with all equipment intact and undamaged.
- I will report any issues or damage to ORA staff promptly.

### Liability Waiver

In consideration for being permitted to participate in the Program, I hereby release, discharge, and covenant not to sue the ORA, its directors, officers, employees, volunteers, agents, successors and affiliates (the "Released Parties") from any and all liability, claims, demands, losses, or damages caused or alleged to be caused in whole or in part by the negligence of the Released Parties or otherwise.

I agree to defend, indemnify and hold harmless the Released Parties from and against any and all claims, demands, losses, liabilities, damages, costs, and expenses (including legal fees on a solicitor and own client basis) arising out of or related to my participation in the program or use of the equipment, including claims brought by third parties.

### Acknowledgment and Signature

I confirm I have had sufficient time to read and understand what I am agreeing to in this waiver before signing it and this it will be binding upon me, my heirs, next of kin, executors, administrators, and successors. I understand that I am giving up substantial rights, including the right to sue. I acknowledge that I am signing this waver freely and voluntarily and intent it to be a complete and unconditional release of all liability to the greatest extent permitted by law. In signing this waiver, I am not relying on any oral or written statements or any kind, including promotional statements or other information of any kind or source made by any of the Released Parties with respect to the Program.

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SIGNATURE

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DATE

### For Participants Under 18 Years Old

I, the undersigned, am the parent or legal guardian of the minor named above. I have read and understand this waiver and consent to their participation in the Program. I agree to be bound by all the terms and conditions outlined in this waiver on behalf of myself and the minor.

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PARENT/GUARDIAN NAME

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SIGNATURE

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DATE

### Emergency Contact Information

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NAME

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RELATIONSHIP

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PHONE NUMBER

This waiver is effective as of the date signed and remains in effect for all future bicycle rentals with the Orchards Residents Association.